Despite our best intentions, not everyone with tendinopathy will respond to conservative treatments. Clinicians need alternative options like injection therapy. Injections such as steroid and platelet rich plasma continue to be popular for tendinopathy, and there are other emerging injections such as the high-volume injection. This seminar will bring together international, interstate and local clinical and research leaders to tackle challenging questions about the evidence and clinical use of injections for tendinopathy, including:

At what clinical stage should we recommend injections for tendinopathy?

Are steroid injections harmful?

Are PRP injections effective?

Are there differences in the efficacy and safety of injection therapy for different tendinopathies?

What other injection options are available?

This seminar promises to be an exceptional learning opportunity for any clinician who is involved with the management of people with tendinopathy.

Click the link below to register:
[injection-therapy-in-tendinopathy-art-and-science](#)

$320 Eventbrite link

$220 Early bird prior to April 1st
INJECTION THERAPY IN TENDINOPATHY: ART AND SCIENCE

SPEAKER BIOS

Dr Brooke Coombes (Physiotherapist)
Dr Brooke Coombes is an experienced Musculoskeletal Physiotherapist and lecturer in Physiotherapy at Griffith University, Queensland. She completed her PhD in 2013 at The University of Queensland, publishing several works including a meta-analysis of injection therapies for tendinopathy and a randomised controlled trial investigating corticosteroid injection and physiotherapy for lateral elbow tendinopathy. Her post-doctoral research has used quantitative sensory testing and ultrasound imaging to provide empirical knowledge regarding impairments in pain processing, structural and mechanical properties associated with tendinopathy.

Dr John Orchard (Sports Physician)
John Orchard is a Sport and Exercise Medicine Physician with a combination career in professional sport and sports administration, clinical sports medicine practice and research. His main area of clinical specialisation is in muscle and tendon injuries of the lower limb. In research, he has an Adjunct Professor appointment through the School of Public Health at the University of Sydney, with general research stream being sports injury epidemiology and prevention. He was the Chief Medical Officer for the 2015 Cricket World Cup and continues to work as the Chief Medical Officer for Cricket Australia.

Dr Hans Tol (Sports Physician)
Johannes L. Tol is a Sports Medicine Physician at the Amsterdam Medical University Centers (University of Amsterdam), educated as human movement scientist (Free University) and visiting professional at Aspetar Qatar. He is an expert in conducting randomised controlled trails in the field of tendinopathy and regenerative medicine, including platelet rich plasma (3 RCTs completed, 1 ongoing) and cell therapy (published in NEJM and JAMA). His interdisciplinary sports medicine research focusses on acute muscle injuries, degenerative tendinopathy, risk factor identification and prevention of sports-related injuries.

A/Prof David Connell (Radiologist)
David Connell is a musculoskeletal radiologist and clinical director at Imaging olympic park. He is an adjunct associate professor in the Faculty of Medicine, Monash University, and also adjunct associate professor in the Faculty of Sports Medicine and Research at La Trobe University, Melbourne. He is recognized as an international authority on muscle and tendon injuries. He has authored 107 publications and has been an invited speaker to major meetings in 19 different countries.

A/Prof Jane Fitzpatrick (Sports Physician)
Jane Fitzpatrick is a Sport and Exercise Medicine Physician in private practice and at the Graeme Clark Institute for Biomedical Engineering, University of Melbourne. Jane is currently the team physician for the Australian Cross Country Ski Team and the Medical Director for the Australian Biathlon Team. Jane Fitzpatrick is an experienced clinician who has seen over 25,000 musculoskeletal patients in private practice over 30 years and understands patient care delivery and translation of clinical research. She has a PhD in the area of Biological management of tendinopathy and is currently researching in tendinopathy and osteoarthritis.

Dr Otto Chan (Radiologist)
A/Prof Otto Chan (Radiologist) is an experienced radiologist with a career spanning over 30 years and understands patient care delivery and translation of clinical research. He has a PhD in the area of Biological management of tendinopathy and is currently researching in tendinopathy and osteoarthritis.

Peter Malliaras is a clinical physiotherapist and researcher from Melbourne, Australia specializing in tendinopathy. In 2006 he completed his PhD in tendinopathy identifying novel risk factors, and since has undertaken post doctoral research in the UK and Australia, and has co-authored over 90 peer review publications. Currently, he is an Associate Professor at Monash University Physiotherapy Department and involved in multiple tendinopathy research projects and groups in Australia and internationally.

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A/Prof Dean Samaras (Physiotherapist)
Dr Dean Samaras is a Fellow of the Australasian College of Podiatric Surgeons (FACPS). He has specialist registration as a podiatric surgeon with AHPRA and is endorsed to prescribe scheduled medicines for conditions relating to the foot and ankle. He is accredited to perform reconstructive surgery at 4 hospitals and consults in both metropolitan and regional Victoria. He adopts modern methods of treating foot and ankle conditions including keyhole surgery and ultrasound guided injection therapy.

A/Prof John Orchard (Sports Physician)
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